

Newsletter

CLAPA 
Cleft Lip & Palate Association
WWW. Clapa-cambridge.com
Registered Charity No: 1108160
Patron: Carol Vorderman MBE

CAMBRIDGE BRANCH
supporting families in East Anglia

Please call or email us if you have any questions, suggestions or comments about our activities

KEEP IN TOUCH!

Please let us know if you would like to be added on our mailing list or have changed your address, email or telephone number, so we can update our records and inform you about future events.

Please don't hesitate to contact us if you have any questions, would like to hear more about our work (even joining the committee :-)) or to include something in the newsletter.

Just email Andrea or Mary below:

andreatompkins@hotmail.co.uk
nm.newbold@ntlworld.com

MANY THANKS!

£19,000 DONATED BY THE GUINEAS BALL COMMITTEE AND £1,000 BY THE THOMPSON CHARITABLE TRUST

A very special thank you to Mr Per Hall, Consultant Plastic & Reconstructive Surgeon and Mrs Julie Thompson from the Guineas Ball Committee for their help in nominating CLAPA—Cambridge Branch (2007)



From left: Susan Burton, James Bond, Dr Anna Zeffertt, Andrea Tompkins and Tony Howell

Spring 2008

, Issue 1

Inside this issue:

FANTASTIC FUNDRAISERS 2

COMMUNITY SUPPORT 2

YOUR CONTRIBUTION 3

CLAPA'S PAST EVENTS 3

Cleft.NET.East 4

CLAPA FORTH-COMING EVENTS 4

CLAPA CAMBRIDGE BRANCH COMMITTEE

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Chairperson

Dr Anna Zeffertt (01223) 596 092
Consultant Clinical Psychologist

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Secretary

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CLEFT LIP AND PALATE TEAM

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CAMBRIDGE
CB2 2QQ
(01223) 596 272

TO ALL OUR FANTASTIC FUNDRAISERS BOTH LARGE AND SMALL AND OUR LOCAL COMMUNITIES, WELL DONE EVERYONE (APRIL 07 TO MARCH 08)

Hayley Duff – kindly donated £599.21, raised from the ladies evening. The money was used towards breast pumps (Thomas Reilly mum)

Claire Illingworth – kindly donated £10 at our Summer Party

Mr & Mrs Jack & Lesley Panayiotou – kindly donated £500. The money was used towards breast pumps ((George Michaels' parents)

Mr & Mrs Archer – kindly donated £20 at the Xmas Party 2007 (Thomas Jellis grandparents)

Mr & Mrs Rob & Ruth Smith - £40 raised by their families & friends

Ms Imogen Franklin – kindly donated £10 at the Xmas Party

Mr Darren Swales - £1,481.44 raised by doing the London Marathon in 2007 (daughter Abbie) . What an amazing effort. Well done.

Mr & Mrs Colin and Kirsty Merritt – raised \$100.75 at Christmas by family & friends

Mrs Julia Clarke and the children in her year group from **St John School, Cambridge** for raising £100 through Christmas Ruffle

Mr Martin Henman, (Kayeighs Grandfather) for donation of 108.00 raised on a ruffle at a New Years Eve Dance

The Wicked Cake Co Ltd – for supplying numerous yummy cakes and cookies for 'Winter Wonderland Party' 2007

Premier Food – for supplying a hamper for the raffle—for 'Winter Wonderland Party' 2007

Waitrose Supermarkets – for supplying a bottle of cava for the raffle 07

Cambridge Building Society – for supplying an umbrella for the raffle

Arsenal Football Club – for donating a sign memorabilia that will be bid for at our next fun day in 2008

Sainsbury's Supermarkets – kindly donated £10 voucher for the Party

The Thompson Charitable Trust – kindly donated £1000—to support numerous items requested by the Cleft Team at the Addenbrooke's (please see the next page for the items financed by CLAPA)

Julie Thompson, Guineas Ball Committee – kindly donated £19,000 to support numerous items requested by the Cleft Team at the Addenbrooke's Hospital (please see the next page for the items financed by CLAPA)

Sarah Ingram, Community Liaison Coordinator, John Lewis plc, - kindly donated £50 and £80 to be used towards developing photo-boards of Addenbrooke's Cleft Team Staff and local CLAPA support parents and for a medical text on feeding difficulties.

Mr G Jones, Headmaster, children, staff and parents from Perse Prep School, Cambridge for their most generous support and commitment in organizing such a great Christmas Fair and raising an amazing £2,782.08. The money will be used towards alveolar bone graft DVDS and other medical equipments!! Also a big thank you to **Dr R Rimes, Consultant Orthodontist** from the Cleft Team for her help in nominating us.

Thank you so much for supporting CLAPA and for your kind and generous donation. Your support is greatly appreciated and it will ensure that we can continue provide help and support to parents and children affected by cleft lip and /or palate as well as support the Cleft Team at Addenbrooke's Hospital. If you would like to find out more about our work please do not hesitate to contact us.

**A VERY SPECIAL
THANK YOU**
to all of you who have kindly donated or raised the money for the branch, helped to organize our events and supported us by coming to our parties. We hope you had as much fun as we did. See you again at our next event.

**WELL DONE
EVERYONE**



Darren Swales, London Marathon 2007

Purchasing 10 Breast Pumps, total paid £3650

Payment of photography and video made at the Summer and Winter Wonderland Party @ £840.

Part payment for specific nurses to attend the Craniofacial Conference @ £960

Providing around 80 - 90 'Welcome' packs per year, for new born babies born with a cleft lip and/ or palate. The pack includes 1 special squeezable bottle, two orthodontic teats, teddy bear, hand made card and informative leaflets @ £10 per pack.

Agreed to finance the Oxygen Desaturation Monitoring Wireless Blue Tooth Connectors (for monitoring children the night before the surgery) at approximate cost of £5,000

Organising great Christmas and Summer Parties at the cost of around £1,200 each

DUE TO YOUR HELP AND DONATIONS WE WERE ABLE TO SUPPORT THE ABOVE ITEMS, WHICH I THINK YOU WILL AGREE

SOME OF THE PICTURES FROM OUR PREVIOUS SUMMER AND WINTER WONDERLAND PARTIES

The children have had wonderful times meeting each other and were entertained by children's clowns, face painting, bouncy castle and many other great activities. Everybody had so much fun. Warwick Davis led several of the children in a medical drama where they turned tables on their surgeon, Mr Per Hall and led his junior surgeons through a hilarious teaching session on the fundamentals of surgery. The audience, all children and families, were delighted at Mr Hall's bravery in volunteering to become the patient for once. 'Pay Back Time" (Sept. 05)



Mr Tariq Ahmad, Tim and Dr Anna Zeffert



Cara, Toby and Batman (Sep. 07)



Our Chair person, Tim Clarke with Storm Troopers (Sep. 07)



Freya Tanner, at one of our party. What a lovely picture !

CLAPA - CAMBRIDGE
BRANCH

WE ARE ON THE WEB

WWW.CLAPA-CAMBRIDGE.COM

CHECK OUT THE WEB LINK
ABOUT THE CLEFT JOURNEY
OF TWO PATIENTS AND THE
CLEFT TEAM AT
ADDENBROOKE'S HOSPITAL

www.medgraphics.cam.ac.uk/cleft/

FORTHCOMING EVENTS

GREAT FUN DAY FOR
FAMILY AND FRIENDS
LOTS AND LOTS OF FUN!!

"CLAPA SUMMER PARTY" 31/08/2008

&

"WINTER WONDERLAND PARTY"
30/11/2008

Location: At the Hexagon Hall, Frank Lee
Leisure Centre
Addenbrooke's Hospital Site
(Next to Car Park F)

CLAPA Head
Office

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Dr Anna Zeffertt said: "CLAPA—Cambridge is doing a fantastic job to bring children with cleft lip and palate problems together who would only otherwise meet each other in the hospital clinic or ward setting. Families get a great deal out of meeting each other and sharing information. It is a good step towards breaking down some of the misconceptions that exist about the condition." The Cleft.Net.East Network based at Addenbrooke's provides a centre for excellence for the region's cleft lip and palate patients, offering care and support from birth right through to adulthood. It is a 'hub and spoke' service, where patients can be seen at Addenbrooke's (the 'hub') for surgery and special clinics, receiving part of their regular care, for example speech and language therapy, at more local centres ('spokes'). The core team travels to nine local hospitals for joint clinics with local specialists. The team is multidisciplinary, and is made up of plastic surgeons, speech and language therapists, orthodontists, ear nose and throat/audiology specialists, paediatricians, a psychologist and nurse specialists.

CLAPA Cambridge is supported by the Cleft Team at Addenbrooke's Hospital, who are very professional and caring. Dr Anna Zeffertt, Consultant Clinical Psychologist, as well as being part of the Cleft Team is also a leading member of the branch. We would like to thank her for all her support, dedication and hard work she gives to CLAPA. Her knowledge and commitments are both invaluable to us and appreciated very much.

We are dedicated to provide a 'starter' pack (free of charge) for every new born baby born with a cleft lip and/or palate in the East Anglian Region. Babies usually have difficulties feeding because the hole in the roof of the mouth makes it hard to suck and the special squeezable bottle and orthodontic teats should make feeding easier. The packs are distributed by a specialised cleft nurse and this is also our first point of contact with new parents.

We are always very keen to hear from parents and children about their experience. We appreciate your feedback. Please don't hesitate to contact us, we would love to hear from you.

LAST BUT NOT LEAST— A BIG THANK YOU to FRAN TANNER for all her work and commitment given to the branch. For about 9 years she was our treasurer, secretary, party organiser, parent contact etc. She did a great job and we would like to thank her for her commitment and dedication.

TIM CLARKE—for being our chair person for many years as well as our wonderful host at the parties.

CLAPA is a support organisation for all those with and affected by cleft lip and/or palate. One in 700 children are born with this condition - about 1,000 a year in the UK. CLAPA provides information, advice and one to one support through its national network of branches. It also runs confidence-building camps for children and distributes bottles and teats for babies born with cleft lip and/or palate.