

Cleft Net East Study Day 18th of June 2009

A few weeks ago I was invited by Eileen (clinical nurse specialist) to come and talk to some health professionals about my experience of having a bone graft operation. When I first came into the room I was slightly nervous because there were a lot of people in the room but once they started asking me questions I felt a bit more relaxed and started talking about my bone graft operation.

I talked about how it is quite scary and weird being put on a general anaesthetic, how my mouth was quite swollen after the operation, how walking was quite hard since my hip sore and how I liked the jelly and moving beds. I also talked about how it is nice to have a distraction like a play station when you are recovering to keep your mind off the pain.

William Napier

(I would also like to thank all the nurses and doctors at Addenbrooke's for repairing my palate with the bone graft and also for removing my abscess last year.)